



Cold and Flu Season has arrived.

Preschoolers' immune systems are still developing, so they are susceptible to lots of germs.

Please help us keep everyone healthy by keeping these guidelines in mind when deciding whether to send your little one to school. At home, encourage frequent handwashing and sneezing into elbows to help them practice!

*Is he
running a fever?*

If your child is running a fever, he should stay home from school. Compass handbook requires a child with fever of 99.8 or higher be kept out of school. Additionally, he must be fever-free without fever-reducing medication for 24 hours before returning to school. If a child is sent home from school with fever, he will not be allowed to return within 24 hours.

*Can she
participate in
class activities?*

If your child seems too sluggish, lethargic, or cranky to pay attention to their lessons, they should be kept home from school. Rest will help your child recover more quickly, so they will be ready to learn again.

If your child is sick with an illness that may be contagious, like flu, strep throat, or pinkeye, they should be kept home from school. Additionally, we stress handwashing at school but we are still learning to be thorough. If your child has been vomiting or has had diarrhea within 24 hours, please keep him home.

*Is he
contagious?*

If your child is running to the restroom and back, or their coughing prevents them or their classmates from hearing the teacher, they won't be learning. Keep your child home until symptoms have subsided enough for them to no longer be distracted or a distraction.

*Are the
symptoms
disruptive?*